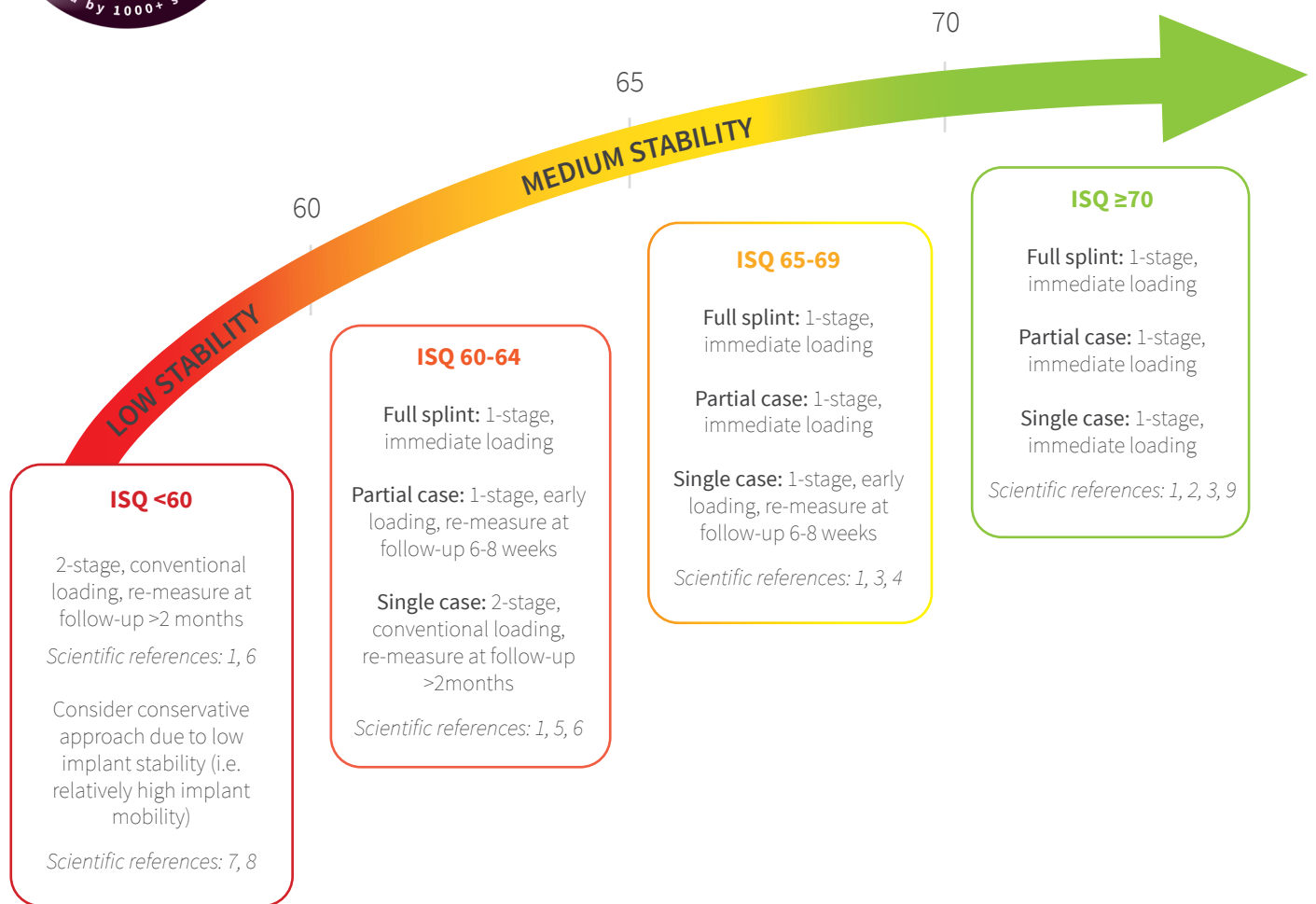




# The evidence-based Osstell ISQ scale

## A selection of >1 000 articles



The above is a summary of scientific data and not an official recommendation by Osstell.  
To monitor osseointegration measure at placement and before final restoration.

- 1) **20 Jahre Erfahrung mit der Resonanzfrequenzanalyse**  
*Sennerby L Prof, Sahlgrenska Academy, University of Gothenburg, Sweden*  
*Implantologie 2013;21(1):21-33 (In German)*

*Translated from German* "It is likely that ISQ measurements can be used as one additional parameter for diagnosis of implant stability and decision-making during implant treatment and follow-up. The threshold values are the present author's own somewhat conservative suggestions based on own experience and other values may be relevant for other clinicians and implant designs. The green zone contains "safe" implants showing primary ISQ values from, for instance 70 and above. The red zone contains "questionable" implants with an ISQ value below for instance 55. The yellow zone represents implants with an ISQ from 55 to 70".

- 2) **Immediate vs. early loading of SLA implants in the posterior mandible: 5-year results of randomized controlled clinical trial**  
*Kokovic V, Jung R, Feloutzis A, Todorovic V, Jurisic M, Hämmerle C*  
*Clinical Oral Implants Research, 00, 2013, 1-6*

After 5 years, survival in the both groups was 100 %. The mean value of primary implant stability was  $76,92 \pm 0,79$  ISQ. In the first 6 weeks, ISQ values significantly increased in the test group as well as in the control group. Based on these results, the self-tapping implants inserted in posterior mandible can provide adequate primary stability value as the main factor for immediate and early loading protocol.

3) **Early Loading of Nonsubmerged Titanium Implants with a Chemically Modified Sand-Blasted and Acid-Etched Surface: 6-Month Results of a Prospective Case Series Study in the Posterior Mandible Focusing on Peri-Implant Crestal Bone Changes and Implant Stability Quotient (ISQ) Values**

Michael M. Bornstein, Dr. med. dent.; Christopher N. Hart, DMD; Sandro A. Halbritter, Dr. med. dent.; Dean Morton, BDS, MS; Daniel Buser, Prof. Dr. med. dent.

*Clin Implant Dent Relat Res* 2009

If the ISQ value at day to load is < 65, an additional healing period is recommended, and the ISQ value is measured again 3 weeks later until the required level is reached. This approach is practical and well understood by patients. (Prof. Daniel Buser prefers  $\geq 70$  ISQ, single teeth, early loading/Straumann, otherwise add three weeks, according to an oral presentation given at the Osstell Scientific Symposium in connection to the of the EAO 2010)

4) **The Predictive Value of Resonance Frequency Analysis in the Surgical Placement and Loading of Endosseus Implants**

Serge Baltayan, Joan Pi-Anfruns, Tara Aghaloo, Peter Moy *J Oral Maxillofac Surg* 74:1145-1152, 2016

One-stage placement of implants with ISQ values greater than 66 can be performed. Implants with ISQ values less than or equal to 66 should be placed using the two-stage protocol, which shows a higher survival rate. The computed ISQ = 66 cut-off value used to select between one-stage and two-stage placement is validated in this study. Moreover, early loading of implants with ISQ values greater than 64 can be performed. Implants with ISQ values less than 64 should utilize traditional loading, which shows a higher survival rate. The computed ISQ = 64 cut-off value used to select between early and traditional loading is validated in this study. Higher ISQ values at osseointegration correlate with higher survival rates.

5) **Direct Loading of Implants**

Pär-Olov Östman DDS, PhD, MD, Private practitioner, Falun- and Biomaterial group, Sahlgrenska Academy, Gothenburg - *Clinical Implant Dentistry and Related Research, Volume 7, Supplement 1, 2005*

Paper IV

20 consecutive patients with totally edentulous maxillas were included in the study. The criteria for direct loading was insertion torque 30 Ncm and an ISQ > 60 on the most posterior implants and a sum of 200 ISQ (average 50 ISQ) on the 4 anterior implants. The overall conclusion with the thesis is that dental implants can be direct loaded with a good result if high primary stability can be obtained and if a stable provisional bridge with good occlusion is splinting the implants.

6) **Diagnosis of Implant Stability and its Impact on Implant Survival: A Prospective Case Series Study**

Daniel Rodrigo, Luis Aracil, Conchita Martin, Mariano Sanz

*Clin. Oral Impl. Res.* 21, 2010; 255-261

The evaluation of RFA values to assess implant secondary stability (Osstell 2) demonstrated a statistically significant correlation with implant outcome. In fact, no implant with ISQ > 60 failed, while 19 % of implants with ISQ < 60 failed.

7) **The relationship between resonance frequency analysis (RFA) and lateral displacement of dental implants: An in vitro study**

Pagliani L, Sennerby L, Petersson A, Verrocchi D, Volpe S & Andersson P

*Journal of Oral Rehabilitation* 2012

Both RFA and displacement measurements correlated with bone density. It is concluded that RFA measurements reflect the micromobility of dental implants, which in turn is determined by the bone density at the implant site. The correlation between ISQ and micron was non-linear and micro motion was reduced with app. 50 % from 60 ISQ to 70 ISQ.

8) **Implant Stability Quotient (ISQ) vs Direct in Vitro Measurement of Primary Stability (Micromotion): Effect of Bone Density and Insertion Torque**

Paolo Trisi PhD, Teocrito Carlesi DDS, Marco Colagiovanni DDS, Giorgio Perfetti MD, DDS

*Journal of Osteology and Biomaterials, Volume 1, Number 3, 2010*

Results showed a high dependence between the observed micromotion and the ISQ values, indicating that micromotion decreased with increasing ISQ values. An in vitro study and the results cannot be directly transferred to clinical applications.

9) **Early loading of titanium dental implants with an intra-operatively conditioned hydrophilic implant surface after 21 days of healing**

Stefan Paul Hicklin, Esther Schneebeli, Vivianne Chappuis, Simone Francesco Marco Janner, Daniel Buser, Urs Brägger *Clin. Oral Impl. Res* 00, 2015; 1-9

Functional occlusal loading of implants with a hydrophilic, moderately rough endosseal surface and ISQ values > 70 three weeks after placement, appears to be a safe and predictable treatment option in healed sites in the posterior mandible without need of bone augmentation procedures.

These articles are useful guideline examples – selected from 1 000+ studies which support and evidence the Osstell ISQ scale in clinical applications.

The Osstell ISQ scale, based on using Osstell SmartPegs, is the only proven and evidence based method with more than 1 000 scientific publications. A searchable database for your convenience can be found at: [www.osstell.com/scientific-database](http://www.osstell.com/scientific-database)